SOMETHING LIGHTER

A 10-Minute Night Routine for a Clean Home

Pick a time, like right after dinner. Set a timer for 10 minutes and do only the layers.

The 10 minutes

- ☐ Food and dishes back in the kitchen.
- ☐ Things back in their homes, one room at a time.
- ☐ Laundry: sort the whites and colors, and spray the stains.
- ☐ Tomorrow's things ready by the door.
- ☐ Stop when the timer goes off.

The mopping and the dusting get their own day on your cleaning schedule.

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