

One Page for the Family

One small step. Fill the boxes on your phone, or print this page.

1. List what people ask you every week. Where's my bag? What time is practice? What's for dinner?
2. Give each answer one spot. Calendar, meals, chores, school.
3. Put it on one page and share it. A shared note works. So does a page on the fridge.
4. Update it on the same day each week. Sunday works for a lot of families.

ON A BUSY DAY

Put this week's three biggest dates on the fridge.

This week's three biggest dates

Dinners

Who is doing what?

Where things are